



Double Handed Challenge

Essex Yacht Club, Essex, CT

Sunday September 13, 2020

Sailing Instructions

1. RULES

- a. This event will be governed by the *Racing Rules of Sailing* and these Sailing Instructions.
- b. Racing Rule 52 is changed as follows. Self-steering equipment and powered winches are permitted.
- c. The Race Committee shall broadcast on VHF Channel 72.
- d. No more than 2 persons shall be aboard while racing.
- e. RRS Appendix V is in effect for this regatta as alternative penalties

2. NOTICE TO COMPETITORS

- a. Notices to competitors will be posted on the www.yachtscoring.com Double Handed Challenge Event page.

3. CHANGES TO SAILING INSTRUCTIONS

- a. Any change to the sailing instructions will be posted to www.yachtscoring.com Double Handed Challenge Event page by 0800 on the day of the race.

4. SIGNALS MADE ASHORE

- a. A postponement or abandonment ashore will be signaled on the flagpole at the Essex Yacht Club with announcements on VHF Ch. 72. If a postponement is signaled ashore, the warning signal will be made not less than 2 hours after the AP flag is lowered.

5. CLASSES AND SCHEDULE OF RACES

- a. The fleet will be divided into spinnaker and non-spinnaker classes using ECSA PHRF handicap ratings.
- b. The first Warning Signal shall be at 1200.
- c. One race is scheduled for each class.
- d. The Race Committee will determine the order of start on the day of the race. Numerical class designation by the Scratch Sheet does not infer your order of start. Please be attentive to the International Numeral Pennants displayed on the RC Signal Boat as well as monitoring the radio.

6. STARTING AREA

- a. The Starting Area will be located west of Saybrook Breakwater light at the mouth of the Connecticut River.
- b. Competitors shall check in with the Signal Boat once it is on station by passing on the side opposite the starting line.

7. COURSES

- a. The Race Committee shall determine before the first warning the course to be sailed for each class. Each class may sail a different course. The designated course for each class will be announced on VHF Channel 72 and displayed on a course board on the Signal Boat on the side opposite the start line. The first numeral on a horizontal line will signify the Class and the letters following will signify the Mark. Circled letters shall be rounded to Starboard. Un-circled letters shall be rounded to Port.
- b. Reference Appendix #1 for the Marks of the course.

8. THE START

- a. The Starting Line will be between a staff displaying an orange flag on the Signal Boat and inflatable Mark D.
- b. Boats more than five minutes from their sequence shall stay clear of the starting area.

9. THE FINISH

- a. The Finish Line will be the same as the Start Line.
- b. If the Race Committee boat is not on station competitors shall record their own finish time when within ¼ mile of Saybrook Breakwater light and when the light bears 090°M.
- c. A boat retiring from the race shall notify the Race Committee using VHF Channel 72.

10. PROTESTS

- a. A boat initiating a protest shall inform the Race Committee as they finish, stating the boat name and sail number they are protesting.
- b. Protests must be filed with the Race Committee no later than one hour after the Race Committee Boat docks. The official docking time will be posted on www.yachtscoring.com.

11. TIME LIMIT

- a. The Time Limit shall be 1630, regardless of postponement.
- b. One boat finishing prior to the Time Limit constitutes a race.

12. SCORING

- a. Boats shall be scored based on corrected time using a yachts' ECSA TCF number.
- b. Essex Yacht Club yachts will also be scored for the Loubenvar Trophy based on the best corrected time in their respective class.
- c. Results shall be announced at the post-race awards presentation on Sunday September 13th commencing at 1800 on the north lawn at Essex Yacht Club. All COVID19 requirements will be strictly enforced.

13. RESPONSIBILITY

- a. The Skipper/Owner of each boat shall accept sole responsibility for the safety of his/her crew and boat. Weather and sea conditions must be evaluated by each Skipper and his/her crew, and each participant is responsible for determining whether it is safe to participate.
- b. The Essex Yacht Club and their respective Race Committees, Officers, Employees, and event related Volunteers, are in no way held responsible for accidents, damage, or injury to property or to boats, crew, or guests arising from any cause during or related to any race or activities associated with the race, and the Skipper/Owner agrees to indemnify and hold harmless each of them from any liability, claim or expense including attorney's fees against any or all of them.

14. ASSUMPTION OF RISK AND RELEASE REGARDING COVID 19.

- a. *The novel corona virus, COVID-19, has been declared a worldwide pandemic by the World Health Organization. COVID-19 is extremely contagious and is believed to spread mainly from person-to-person contact. As a result, federal, state, and local governments and federal and state agencies recommend social distancing and have, in many locations, prohibited the congregation of people. The Essex Yacht Club ("EYC") has put in place preventive measures to reduce the spread of COVID-19; however, EYC cannot guarantee that you will not become infected with COVID-19. Further, attending EYC could increase your risk of contracting COVID-19. By participating in this regatta, you acknowledge the contagious nature of COVID-19 and voluntarily accept the risk that you may be exposed to or infected by COVID-19 by attending this event and that such exposure or infection may result in personal injury, illness, permanent disability, and death. You understand that the risk of becoming exposed to or infected by COVID-19 at EYC may result from the actions, omissions, or negligence of yourself and others, including, but not limited to, EYC employees, volunteers, and program participants and their families.*

Appendix #1

Start/Finish line is approx. 1/4 NM west of Saybrook Breakwater Light

Mark A		R "2"		Cornfield Point Buoy
Mark B		RG "E"		East end Long Sand Shoal
Mark C		RG "W"		West end Long Sand Shoal
Mark D		Start Pin		Inflatable Buoy
Mark F		Finish Line		